

PREPARATION FOR GASTROSCOPY

You must be fasting before the examination, i.e. no eating or drinking the last **6 hours prior to** the examination.

Acid neutralizing medicine (Somac, Nexium, Losec and Omeprazole) must not be used the last 7 days before the examination.

You may take non-prescription drugs (i.e. Link, Titalac or Novaluzid).

IMPORTANT!

1. If you have heart failure or kidney failure, you should contact Gastro lab, Volvat for consideration of other kinds of bowel preparation.

2. Blood thinning agents.

- Albyl-e, Aspirin, other medication containing salicylic acid, or any other blood-thinning agents should not be used the last 3 days before the examination.

- If you take Warfarin (Marevan), INR should be 2.0 or less the day of the examination. You must stop taking Warfarin 3 days before the examination, and attend the laboratory for an INR 30 minutes before the examination.

3. Anyone who has operated a new heart valve or has major calcifications of a heart valve, should meet 1 hour before the the examination for prophylactic antibiotic treatment.

With kind regards.

Gastro. Lab / Medical ward.

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