



Volvat membership

- now with 24-7 health phone service included

The health phone service is a medical service for you and your family, where experienced health personnel offer assistance and advice.



Volvat
INNGÅR I CAPIO EUROPA

Improved membership benefits

As a member of Volvat Medical Center, you will be given top priority in all our wards, as well as a discount on all medical services and a number of other membership advantages. Children below 20 are included in their parents' membership, and will receive the same benefits.

The membership is valid in all medical units of the Volvat Group (Oslo, Bergen, Hamar and Fredrikstad).

When buying a membership with annual health control included, we will send you a reminder when it is time to make an appointment.

Membership benefits:

- Access to the health phone service, dial 02401 around the clock every day of the year
- Top priority access to all medical services
- Optional reminder for annual health control
- 20% discount on all medical services (limited to NOK 1.000 per appointment)
- E-mail newsletter
- Children below 20 are included in their parents' membership
- Free-of-charge renewal of regular prescriptions
- Discount on health insurance from collaborating insurance companies

Membership Card:



When in doubt – call us!

It can often be hard to know whether a doctor is needed or not. Perhaps your child also has symptoms that leave you clueless. As a Volvat member, you can call the health phone service anytime.

Phone number: [02401](tel:02401). From abroad: [0047 21492401](tel:004721492401)

The health phone service is a medical consultancy service, which offers you and your family advice from experienced health personnel – 24-7.

What you get:

[Medical advice on course of action in a given situation/information about diseases and medical conditions](#)

Most medical questions are linked to uncertainty; it may be something you are reluctant to consult your physician about or call a busy emergency ward to discuss. The most common symptoms that cause people to call our health phone service are:

- [Stomach pains](#)
- [Diarrhea](#)
- [Headache](#)
- [Sore throat](#)
- [Nausea](#)
- [Chest affliction](#)
- [Back pains](#)
- [Cough](#)
- [Symptoms in children](#)

During a consultation with our health phone service, the nurse will lead you through a structured line of questions, which enables the nurse to consider and assess the described symptoms. The nurse will advise you on further recommended action, whether it is to stop worrying, administer self-treatment or consult a physician.



The health phone service is not a substitute for the public emergency rooms. When you have urgent need for medical assistance – call 113.

Volvat membership – security for your health

The staff at Volvat work consistently on the maintenance and development of the quality of our member services. To us, the most important thing is that you as a member are confident that you will get the assistance you need - when you need it.

Annual membership fee:

Single membership with children 1.400,-



Family membership 1.990,-



For more information on membership and appointments with Volvat Medical Center – please contact us by phone or visit our website www.volvat.no

Volvat Medical Center A/S

www.volvat.no

Oslo

Borgenveien 2A,
0370 Oslo
Phone: 22 95 75 00

Opening hours:

Weekdays:

08:00 am – 10:00 pm

Saturday, Sunday and public
holidays:

10:00 am – 10:00 pm

Christmas Eve (12.24) and

New Year's Eve:

08:00 am – 04:00 pm

Bergen

Laguneveien 9,
5239 Rådal
Phone: 55 11 20 00

Opening hours:

Weekdays:

08:00 am – 10:00 pm

Saturday, Sunday and public
holidays:

Saturday 09:30 am –

04:00 pm

Sunday 10:30 am –

04:00 pm

Public holidays: Closed

Fredrikstad

Storgt. 32,
1607 Fredrikstad
Phone: 69 30 23 00

Opening hours:

Weekdays:

08:00 am – 08:00 pm

Saturday, Sunday and public

holidays: Closed

Hamar

Vangsveien 121,
2318 Hamar
Phone: 62 55 35 50

Opening hours:

Weekdays: 08:00 am –

04:00 pm

Saturday, Sunday and public

holidays: Closed



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